



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2023



CARING FUN HONESTY TOGETHER HUMBLE GROWTH UNITY COMMUNITY GOALS RESPECT GIVING EXCITING HEALTHY MEMORIES VOLUNTEER KINDNESS

SUPPORT THE Y, SUPPORT YOUR COMMUNITY

In 2022 our Ys **reinvested \$4.3 Million** in financial assistance and scholarships to ensure that **4,000 families and individuals** had access to the programming, services, and resources that they need.

In 2023, your participation in our road races will continue to allow our Y to say yes to those who need us most. Your support strengthens our community and our mission to welcome all.



RUN TO THE RUCKUS 5K

Saturday, September 23

9:00 AM

Washington Square, Haverhill



RUN, SPONSOR, FUNDRAISE, OR DONATE!

- **Register to run:** Your entry fee supports our financial assistance program.
- **Sponsor:** Interested in sponsoring? Contact Carol Meyer at meyerc@northshoreymca.org
- **Fundraise:** After you registered, you'll be able to raise funds to continue to support our mission.
- **Donate:** Not a runner? Show your support by volunteering at the race or by donating to our cause.

Learn more at northshoreymca.org/communityevents